

AMCHA -
The Israeli
Center for
Holocaust
Survivors
and their
Families

➤ **Honors the past, supports the present,
and builds strength for the future**

Founded in 1987 by Holocaust survivors and mental health professionals, AMCHA is Israel's largest provider of mental health and social support for Holocaust survivors. With 15 centers across the country, we reach around 18,000 Holocaust survivors and Second Generation family members each year.

AMCHA's trauma-informed model of care for Holocaust survivors brings together individual and group psychotherapy, expressive therapies, psycho-social day centers, social activities, and community-based volunteer involvement. We also provide dedicated services for Second Generation family members, with a special focus on the intergenerational transmission of trauma and the complex legacy of memory and loss. Since October 7, this model has supported the wider Israeli public during a time of national trauma.

As a founding member of the Israel Trauma Coalition, AMCHA has provided therapy to over 3,000 people coping with PTSD since October 7. We lead national training programs for professionals in government, education, healthcare, and emergency response. In addition, AMCHA operates a Research Department that supports and develops knowledge emerging from the field of therapeutic trauma care.

We welcome partnerships with professionals, researchers, and organizations committed to trauma-informed care and Holocaust memory. We offer professional seminars and training - in person and online - for clinicians and care teams interested in trauma-informed approaches to working with Holocaust survivors, Second Generation family members, and individuals coping with trauma.

Your support helps us continue providing care, connection, and meaning to Holocaust survivors, their families, and others affected by trauma today.

